

## MEDIA SPEC SHEET

Readers continue to seek answers to that \$1,000,000 question: “What’s my purpose in life?” Anyone can start finding answers with Deanna Nowadnick’s down-to-earth and compelling spiritual memoir of hope and help and her own reconnections with God. And while *Fruit of My Spirit: Reframing Life in God’s Grace* is rich in Biblical notations and quotations, it’s engaging for everyone, younger and older. The higher truths are explained without mystical or scholarly references. It’s a simple, heartwarming book of personal growth that simply touches the heart.

Fruit of My Spirit shares priceless insights with readers. Deanna includes stories of heartache and challenge, reassuring us that any obstacle is surmountable—with the God’s love and faithfulness. In a memoir that spans 56 years, she reframes life in God’s grace, reminding readers that we are imperfect, but loved divinely. To do that, Deanna uses engaging examples of how she tackled special moments with grace and equanimity and a little laughter, facing life’s challenges and accepting God’s love and support.

**Title:** *Fruit of My Spirit: Reframing Life in God’s Grace*

**Author:** Deanna Nowadnick

**ISBN:** 978-0-9835897-2-3

**Retail price:** \$12.95

**Categories:** Self-help/personal growth/happiness (SEL016000), Mind, body & spirit/spirituality/general (OCC036000)

**Trim size:** 5.50 x 8.50

**Length:** 112 pages

**Binding:** soft cover

**Distributor:** Lightning Source/Ingram

**Published by:** Rhododendron Books; Monroe, WA

**Ads/PR:** \$10,000 budget

### Author Bio

Deanna Nowadnick’s heartfelt and caring ways benefit not only her family and her workplace, but every seeker of God, as they reconnect with Him in her memoir, *Fruit of My Spirit: Reframing Life in God’s Grace*. She convincingly shares her stumbles and her triumphs as part of God’s family. There’s no substitute for real-life experience, and this Pacific Northwest author ably shows readers what it means to reframe a life in God’s grace. In the process, Deanna honors her thirty-year marriage to husband Kurt and devotion to their sons, Kyle and Kevin.