



NEW BOOK
FRUIT OF MY SPIRIT:
Reframing Life in God's Grace
by Deanna Nowadnick

MONROE, WASHINGTON, January 6, 2012—For those asking questions about our purpose in life, ***Fruit of My Spirit: Reframing Life in God's Grace*** offers hope and help. Author Deanna Nowadnick fills her memoir of short stories with humorous insights gleaned life's missteps and misdeeds. Rich in Biblical quotes and references, the book shares a refreshingly honest look at Christian life. The author builds her story around the Apostle Paul's encouragement to the people of Galatia: "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law." (Galatians 5:22–23) .

This engaging personal growth book thus goes beyond the storytelling of a memoir; it employs vignettes that directly touch the heart. Readers instantly identify with the travails of a child who was brought up to be seen and not heard. Later hearts are touched as she recounts her time as a teacher of children with disabilities, "At that school, I found an unexpected contentment and a renewed sense of self, and in that room, with those children by my side I learned to speak—in love and compassion."

What started as a single story for her sons about how she met their father quickly turned into a divine writing adventure in which she was able to tell of God's love and faithfulness. Recalling the nine qualities of the Holy Spirit's fruit, the author uses pictures to relate each attribute to its Greek equivalent. The chapter on "Joy" or *chara* (Greek for divine happiness) is paired with cherries; "Kindness" or *chrestotes* (Greek for goodness) is paired with strawberries. Charming black-white photos capture transformations through thirty years of marriage for Deanna and her husband Kurt, and family time with their sons Kyle and Kevin.

It takes a skillful writer to weave stories of personal transformation that resonate with more profound references from the Bible, and to that end, the book is part Bible study, part memoir, part confessional. The author's wry sense of humor shines in poignant examples acknowledging that God is in the details. As she shied away from a more intimate relationship with Him and then as she was learned to accept His love and guidance, she found the strength and insight to reframe life in His grace. And then she found that answer to the really big question about her own special purpose in life.

Fruit of My Spirit: Reframing Life in God's Grace is a spiritual memoir providing readers with priceless insights and inspiration. More important, the author's stories remind readers how they can find the enormity of God's grace in the details of their own lives.

Fruit of My Spirit: Reframing Life in God's Grace can be purchased online at Amazon.com and Barnes & Noble.

\$12.95 original trade paperback; 112 pages
info@fruitofmyspirit.com www.fruitofmyspirit.com
ISBN 978-0-9835897-2-3

Contact:

Jean Thorp (206-370-9278)

Rhododendron Books

P. O. Box 1586, Monroe, WA 98272